## WRIGHTSTOWN HIGH SCHOOL

Mr. Scott Thompson, Principal Mrs. Lisa Durocher, Administrative Assistant www.wrightstown.k12.wi.us / Phone 920-532-0525



# **November 2023 Newsletter**

## NO SCHOOL - November 23rd & 24th

#### **END OF THE FIRST QUARTER - November 3rd**

## **Parent Teacher Conferences** - Wednesday, Dec 6th Virtual or In person

**Parent Teacher Conferences will be held on Wednesday, December 6th from 4:00-8:00pm**. You have the option to choose a virtual or in person conference. You are able to schedule your conference appointment up until noon on Dec 5th. Each conference will last approximately 10 minutes long. A sign up genius link will be sent out on November 22nd.

#### **Wellness Center**

The Wrightstown Wellness Center offers a variety of classes including Bootcamp, Yoga, Senior Strength & Stretch, and Barre. Times and days are listed below:

Bootcamp: Tuesday/Thursday @ 5:15-6:00 AM (paid class)

\*This class consists of workouts via BeachBody on Demand. Free to members; \$3/class for non-members.

Yoga w/ Kristi: Thursday evenings @ 6:00-7:00 PM

Yoga w/ Stefani: Monday mornings @ 7:00-8:00 AM

Senior Strength/Stretch: Monday/Wednesday/Friday @ 9:30-10:00 AM (free)

Raise the Barre: Monday/Wednesday 6-7 PM; Saturday 7-8 AM (paid)

The Wellness Center is currently in search of a fitness class instructor. Ideally we are looking for a certified instructor to run a bootcamp style class 1-2 morning per week on Tuesdays and/or Thursdays at 5:15 AM. Our Group Fitness Instructors work as independent contractors. If you would like more details about the position please email us at wellnesscenter@wrightstown.k12.wi.us.

Visit our webpage: <a href="https://www.wrightstown.k12.wi.us/wellness/">https://www.wrightstown.k12.wi.us/wellness/</a>

## WHS CRAFT SALE WAS A HUGE SUCCESS

The profit from this year's sale was over \$10,000! The proceeds go to the senior grad and post prom party, student scholarships, and other student funded activities.

**THANK YOU TO...Tiffani Herlache** for organizing the event, and thank you to the **parents and students** who donated their time, concession items, baked goods, and money.

You all helped to make this year's event a HUGE success! Thanks again for your support!!

#### **FBLA Jolly Time Microwave Popcorn Fundraiser**

Wrightstown FBLA is selling Jolly Time Microwavable Popcorn as a fundraiser through November 27. This fundraiser helps fund the club's trip to FBLA national competition and its annual senior citizen/grandparents Christmas party. To order, contact any FBLA member or Mr. Doell at (920) 532-0525 ext 6419 or doell@wrightstown.k12.wi.us. Unfortunately, they aren't able to do the Dot's Pretzel fundraiser this year. Dot's was recently purchased by Hershey's and they are in the transition stage right now.

#### 13th Annual FBLA Senior Citizen/Grandparents Holiday Party

FBLA's 13th Annual Senior Citizen/Grandparents Holiday Party will be held Thursday, December 7 at 1:15 PM. To fund this event, the club is seeking gifts/prizes/cash donations. Donators will be recognized on the club's social media sites, in a program the day of the event, and 2 bulletin boards in the school. If interested in donation, please contact Mr. Doell at (920) 532-0525 ext 6419 or doell@wrightstown.k12.wi.us

#### **Backpack Program**

We are in need of paper grocery bags. If you would like to save your paper grocery bags, you can send them to school with your child or drop them off in the high school office. If you have any questions, please email Jennie Barnes - <u>Barnes@wrightstownk12.wi.uw</u>. Thank you!

## **JUNIOR CONFERENCES - JUNIOR PARENTS**

If you haven't done so already, please contact the Counseling Office to schedule your son/daughter's Junior Conference. **This is a very important meeting and we would like to meet with each student and at least one parent/guardian.** In order to ensure that parents and students are fully aware of everything that is required of, and available to, students their senior year, we would like to meet with you and your student. We will discuss graduation requirements, credit check, class rank and GPA, University/Tech College Information, Financial Aid Information, Scholarship Opportunities, Employment Opportunities and Testing (ACT/SAT, Accuplacer).

These meetings are generally scheduled between 7:30am-3:30pm and we try to schedule during your student's study hall. These meetings last approximately 45 minutes. **It is important that you schedule this appointment before the end of December.** To schedule an appointment, please contact Shelly Klister, Counseling Admin. Assistant at 920-532-0525 x6109 or at sklister@wrightstown.k12.wi.us

## Yearbook

Be sure to order your 2023-2024 yearbook if you haven't already (the theme this year is Wrightflix - a play on Netflix)! Use the <u>Jostens</u> website to make your purchase! The books are \$45 until October 27th (starting on October 28th they will go up to \$50).

<u>Senior Parents</u>: **DO NOT** purchase a yearbook recognition ad for your graduate through the Jostens website for \$35... Instead, complete the attached <u>form</u> and send it along with your payment to Mrs. Ludtke along with a digital picture you would like to use to <u>ludtke@wrightstown.k12.wi.us</u>.

Senior Pictures are due by **JANUARY 1, 2024** to <u>grovogel@wrightstown.k12.wi.us</u>. You can provide this information to your photographer if they prefer to send it directly to us. This is the same photo that will be used in the senior slide show along with the library display prior to graduation (other photos for the slideshow will be requested later in the year by Mrs. Bailey).

#### LIVESTREAM LINK - Livestream-Tigers Hudl Fan Page

Use the website link above to watch all Wrightstown athletic livestream **home or away** events that are powered by Hudl TV. Hudl TV can also be found on the **Team1Sports** app or **Team1Preps** app which are available in most app stores and on Roku, Amazon Fire TV, Apple TV, and Android TV devices.

## ATHLETIC & ACTIVITY/CLUB REGISTRATION - IMPORTANT!!!!!!

If your child plans on participating in any **athletics** or **activities** offered during the school year, you will need to register them using this link: <u>Activity Registration Portal</u>. The student will need to complete the code of conduct portion along with you.

Without registration, your son/daughter will not be allowed to participate. The process will need to be done each school year using the same family account.

**Returning User**: Login to your family's account as a returning user, click "Register" to complete the steps and submit registration. The form will auto-populate the answers based on your previously submitted registration. Please review and edit the answers as needed.

**New User**: Parents/guardians will create a family account, register their son/daughter for their activity and complete the required steps. For WHS students, the Student ID is your child's 6-digit Skyward ID.

**Physicals**: Students registering for <u>athletics</u> must have a current physical exam form on file with us (uploaded to the activity portal) before the student is authorized to participate in tryouts/practice. If you are unable to upload the form, you can bring the form to school and we can upload it for you.

Bellin FastCare locations in Green Bay are currently offering sports physical walk ups for \$20. Please bring the <u>sports physical form</u> to be completed by the doctor. To ensure clearance for participation, physicals should be completed and uploaded to this account no later than 3 school days prior to the first day of practice/tryouts. A physical exam taken April 1 and after is valid for the following 2 school years; a physical exam taken before April 1 is valid only for the remainder of that school year and the following school year.

Please contact us with any questions.

Shelly Klister, Activities Administrative Assistant / sklister@wrightstown.k12.wi.us

Craig Haese, Assistant Principal and Athletic Director / haesec@wrightstown.k12.wi.us

WHS Athletics/Activities Homepage <u>Tiger School Store</u> <u>Athletic / Activities Calendar</u> <u>Livestream-Tigers Hudl Fan Page</u> <u>YouTube Channel-Tigers Activities Dept</u> <u>Athletic / Activity Registration</u>

## **DRIVERS EDUCATION**

This class is provided by Tri County Driving School and is taught at Wrightstown High School. Students must be attending WHS. Visit <u>http://www.tricountydrivingschoolinc.com/</u> for information. They handle all class registration and payments.

## WORK PERMIT INFORMATION

As you may have heard, the Department of Workforce Development's Equal Rights Division has developed a new online work permit application tool. The Division carefully considered the lessons of the past few years, when pandemic restrictions made it nearly impossible for some minors to obtain work permits and decided to pursue an online application that would be available to the parents of minors 24 hours a day, 7 days a week from any computer, tablet, smartphone, or similar device. The application improves accessibility for minors who live in rural or underserved areas and eliminates the difficult logistics involved in working parents having to take off work to make a trip to a work permit office.

Parents can access the site **using these instructions**. Payment is made directly to the department through the application, using a credit or debit card or by ACH direct withdrawal. Once the permit application process is complete, the Department mails a paper copy of the permit directly to the employer.



## **SAVE THE DATES!**

- The 2nd Annual Mr. Wright Pageant will be Sunday, February 18, 2024 at 3:00pm
- Senior Citizen Prom ~ Sunday, April 21, 2024 from 1-3pm

Students Stopping Crime is a way for students to anonymously report



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Join us

## WRIGHTSTOWN COMMUNITY EDUCATION SERIES



NOVEMBER 6, 2023 6:00PM-7:30PM WRIGHTSTOWN VILLAGE HALL 352 HIGH STREET WRIGHTSTOWN, WI



SPEAKER

Hannah Bauer MSW, LCSW - Mental Health Counselor beliinhealth

## Light Refreshments & Raffle drawing for in-person participants

## Hannah Bauer's Anxiety presentation will cover:

- Mental Health Education
- Common Types of Anxiety/Diagnoses
- What Anxiety can look like for Children, Adolescents & Adults
- How to Talk about Anxiety
- Coping skills
- Self-care



Melissa Viste Community Resource Navigator All sessions are free! A virtual option is available. Please email below to RSVP and to receive the virtual link.

viste@wrightstown.k12.wi.us

# School Health Services

#### Wrightstown Community School District

School health services provide the following services to our students: emergency first aid treatment, administration of prescription medication when needed at school, preventative care and education, and support for students with chronic health conditions in the daily management of their conditions. Wrightstown Community School District employs Health Aides to provide direct services to students at each building. Mrs. Amanda Denor is the WES Health Aide, and Mrs. Debbie Wishart is the WMS and WHS Health Aide. Mrs. Denor and Mrs. Wishart work with each building administrative assistant, supporting student health, assisting with medication administration, providing daily care, and collaborating on student health needs. Wrightstown Community School District has a partnership with Bellin for Mrs. Ashley Zeise, a Registered Nurse, to come into the district for approximately three hours per week to provide oversight, training, and support to staff.

#### How are School Health Services different from your Primary Care Physician and clinic?

School Health Services focus on keeping the students healthy and academically engaged; they cannot diagnose and treat student illnesses. When you visit your Primary Care Physician and local medical clinic, they aim to diagnose illnesses, intervene and plan for treatment, and manage long-term healthcare needs. School Health Services are not equipped or licensed to perform those services. Parents will be contacted for student health needs outside that scope of services. If your child has an injury outside of school or an illness is present, please seek out your Primary Care Physician to diagnose and treat.

#### How can I help my child perform at school?

One of the best examples you can provide to your child is to encourage healthy habits. Students cannot perform well when they do not feel good. Choose a bedtime that will give your child plenty of sleep, provide a healthy breakfast each morning, and support their physical activity. Encourage a healthy lifestyle, resiliency, and positive coping skills. The Center for Disease Control and Prevention also has some great resources for parents: <a href="https://www.cdc.gov/parents/">https://www.cdc.gov/parents/</a>

#### What does a School Health Aide do?

A School Health Aide provides emergency first aid treatment, administers prescription medication to students when necessary, and supports healthy students to perform their best. The School Health Aide works with school staff to facilitate screenings for students, communicates with parents about health needs, maintains school health records, and performs initial observations of sick or injured students. Our most important goal is promoting students to be healthy and academically engaged at school.

#### What does a Registered Nurse do?

Wrightstown Community School District partners with Bellin Health to provide Registered School Nurse services. Mrs. Ashley Zeise, the District Registered Nurse, will support the district three hours per week. A Registered Nurse develops emergency care plans, reviews and signs off on individual health plans and health-related 504 plans, and completes staff training in the district. Emergency care plans are for students with life-threatening health conditions, such as severe allergies to peanuts or bee stings, severe asthma, or students with diabetes. The Registered Nurse will work primarily with the school health aides and other staff regarding students' health in prevention and intervention.

#### Your partners in Education,

Caroline Mihalski, Director of Student Services Ashley Zeise, Bellin Health Registered Nurse Amanda Denor, WES Health Aide Debbie Wishart, WMS/WHS Health Aide

# **2023 Veterans Day Program**

ETERANS DAY

Presented by the Wrightstown High School

All United States Military Veterans and their loved ones are invited to receive an appreciative message of gratitude from the <u>Wrightstown High School on Friday, Nov</u> <u>10, 2023. Doors open at 9:20am.</u>

- Designated parking will be available in the EAST student parking lot
- Wrightstown student volunteers will be available to assist with entering the gym
- Veterans and their families will be provided preferred seating in front
- Students and the public, unless with a Veteran, will be seated in the bleachers
- Veterans are asked to sign in and stand for recognition during Veterans in Attendance presentation

DONATIONS AT THE ASSEMBLY OF PEANUT BUTTER, CANDY, COFFEE, OR BEEF JERKY WILL BE SENT DIRECTLY TO WISCONSIN NATIONAL GUARD DEPLOYED SOLDIERS!

> Presentation of the Flags 945 POW/MIA Empty Chair Ceremony 950 The Pledge of Allegiance 955 The National Anthem Welcome & Veterans Day Meaning 1000 Badger Boys & Badger Girls Student Participant Speech 1005 America the Beautiful OR God Bless America 1015 Veterans in Attendance Acknowledged 1020 Armed Forces Medley 1030 Introduce Colonel Kevin J. Agen 1035 Colonel Kevin J. Agen Speech 1040 Moment of Silence - Three-Volley Salute Gun Salute 1050 Playing of Taps 1055

Concluding Thank You to Veterans Retiring of the Flag



# Servicios de Salud Escolar

#### Distrito Escolar Comunitario de Wrightstown

Los servicios de salud escolar brindan los siguientes servicios a nuestros estudiantes: tratamiento de primeros auxilios de emergencia, administración de medicamentos recetados cuando sea necesario en la escuela, educación y atención preventiva, y apoyo a los estudiantes con condiciones de salud crónicas en el manejo diario de sus condiciones. El Distrito Escolar Comunitario de Wrightstown emplea asistentes de salud para brindar servicios directos a los estudiantes en cada edificio. La Sra. Amanda Denor es la asistente de salud de WES y la Sra. Debbie Wishart es la asistente de salud de WMS y WHS. La Sra. Denor y la Sra. Wishart trabajan con cada asistente administrativo del edificio, apoyando la salud de los estudiantes, ayudando con la administración de medicamentos, brindando cuidado diario y colaborando con las necesidades de salud de los estudiantes. El Distrito Escolar Comunitario de Wrightstown tiene una asociación con Bellin para que la Sra. Ashley Zeise, una enfermera registrada, venga al distrito durante aproximadamente tres horas por semana para brindar supervisión, entrenamiento y apoyo al personal.

#### ¿En qué se diferencian los servicios de salud escolar de su médico de atención primaria y su clínica?

Los Servicios de Salud Escolar se enfocan en mantener a los estudiantes sanos y académicamente involucrados; no pueden diagnosticar ni tratar las enfermedades de los estudiantes. Cuando visita a su médico de atención primaria y a su clínica médica local, su objetivo es diagnosticar enfermedades, intervenir y planificar un tratamiento, y gestionar las necesidades de atención médica a largo plazo. Los Servicios de Salud Escolar no están equipados ni autorizados para realizar esos servicios. Se contactará a los padres para las necesidades de salud de los estudiantes fuera de ese alcance de servicios. Si su hijo tiene una lesión fuera de la escuela o tiene una enfermedad, busque a su médico de atención primaria para diagnosticarla y tratarla.

#### ¿Cómo puedo ayudar a mi hijo a desempeñarse en la escuela?

Uno de los mejores ejemplos que puedes darle a su hijo es animar hábitos saludables. Los estudiantes no pueden desempeñarse bien cuando no se sienten bien. Elija una hora de acostarse que le permita a su hijo dormir lo suficiente, brindarle un desayuno saludable cada mañana y apoyar su actividad física. Fomentar un estilo de vida saludable, resiliencia y habilidades de afrontamiento positivas. El Centro para el Control y la Prevención de Enfermedades también tiene excelentes recursos para padres:<u>https://www.cdc.gov/parents/</u>

#### ¿Qué hace un asistente de salud escolar?

Un asistente de salud escolar brinda tratamiento de primeros auxilios de emergencia, administra medicamentos recetados a los estudiantes cuando es necesario y apoya a los estudiantes sanos para que se desempeñen al máximo. El asistente de salud escolar trabaja con el personal de la escuela para facilitar las evaluaciones de los estudiantes, se comunica con los padres sobre las necesidades de salud, mantiene registros de salud escolares y realiza observaciones iniciales de los estudiantes enfermos o lesionados. Nuestro objetivo más importante es promover que los estudiantes estén saludables y comprometidos académicamente en la escuela.

#### ¿Qué hace una enfermera registrada?

El Distrito Escolar Comunitario de Wrightstown se asocia con Bellin Health para brindar servicios de enfermería escolar registrada. La Sra. Ashley Zeise, la enfermera registrada del distrito, apoyará al distrito tres horas por semana. Una enfermera registrada desarrolla planes de atención de emergencia, revisa y aprueba planes de salud individuales y planes 504 relacionados con la salud, y completa entrenamiento del personal en el distrito. Los planes de atención de emergencia son para estudiantes con condiciones de salud potencialmente mortales, como alergias graves a cacahuates o picaduras de abeja, asma severo o estudiantes con diabetes. La enfermera registrada trabajará principalmente con los asistentes de salud de la escuela y otro personal con respecto a la salud de los estudiantes en prevención e intervención.

#### Sus socios en Educación,

Caroline Mihalski, directora de servicios estudiantiles Ashley Zeise, enfermera registrada de Bellin Health Amanda Denor, asistente de salud de WES Debbie Wishart, asistente de salud de WMS/WHS